

November 2012 PRESIDENTS REPORT

Hello again,

What a fabulous year! The ANNA Standards were endorsed, Life Membership criteria redefined, conference 2012 was considered a huge success by delegates and 2013 and 2014 conference planning is underway.

Feedback was incorporated into a business plan to allow the association to continue development as the peak body for neurology and neurosurgical nurses. The association was initially aimed at neurosurgical nurses however since the late 80's it has always represented both fields of nursing. 2014 will be the 40th anniversary of the inception of ANNA and we are planning a celebration, looking back at what has been and forward to the future.

The 2013 conference will be held in Sydney in association with the Agency for Clinical Innovation Neurosurgical Nursing Professional Development Scholarship Committee (NNPDSC) as they celebrate the 10th anniversary of their annual conference. Both ANNA and NNPDSC are looking forward to this joint venture and hope to see you there. Confirmed dates and venue will be advised shortly but I would encourage you to start thinking of your abstracts now. The month for the 2013 conference will be June as the World Federation of Neuroscience Nursing Quadrennial conference will be held in Gifu, Japan in September 13-16th, <u>www.wfnn2013.jp</u> ANNA especially invites abstract submissions from the neurological side of the spectrum so those with a passion for MS, seizures, Parkinson's disease, and stroke for example we want to hear your voice highlighting the work you do or the impact of these disease processes on your patients. You could always use this opportunity to rehearse a presentation for WFNN!

Hobart was a delightful venue for the 2012 conference and the Cascade Brewery dinner was a highlight for many of the delegates. A number of us can probably get a job pulling beer!

As the year draws to a close the ANNA Executive want to thank all the members for the work you do. May the festive season be full of cheery patients and joyous occasions with family and friends. Stay safe.

Cheers

Sharryn, Katrina, Kylie, Angela, Linda, Vicki, Maureen

ANNA President

Sharryn

cen

2012 CONFERENCE REVIEW by Lyn Wallace , Victoria

Once again at our recent Annual Scientific Meeting in Hobart the judges were very impressed by the high quality of papers and posters submitted. Presenters were invited to nominate for prizes in the following categories:

<u>First time presenter :</u> The judges would like to congratulate all those who presented their experiences and knowledge for the first time at an ANNA meeting.

The prize was awarded to:- Kathleen Naughton, Liverpool Hospital, NSW, who spoke on Cervical Spine Fractures in the Elderly. Kathleen outlined a complex case with a positive outcome. Kathleen provided a very thorough overview of the care needs and potential risks to elderly patients following falls and the journey taken to achieve a good result.

The Tonnie Koenen Prize: Named in honour of our foundress and recognising the paper which makes a significant contribution to the practice of Neuroscience Nursing.

This prize was awarded to :-Sharryn Byers, (our president) from Nepean Hospital, NSW. Sharryn presented a very thought provoking paper on the complexities of decision making when the outcome may not be a positive one, the futility of providing treatment for patients with a very poor prognosis and the challenges medical and nursing staff face in communicating treatment options to patients and their families was discussed. The role of the nurse as a patient advocate was clearly identified. Much discussion followed as the key points were scenarios familiar to all present.

The Neurosurgical Society of Australasia (NSA) awarded to the best nursing paper of the meeting. This prize traditionally demonstrates a sound research foundation.

This prize was again awarded to :-Kylie Wright from Liverpool Hospital, NSW for her paper on 'Boswellia Serrata'. Kylie introduced a potential alternative to steroids for the treatment of peri-tumoural oedema.

An overseas medical colleague had spoken of the herbal extract and its limited introduction in Germany. This prompted Kylie to research the pharmaco-kinetics and international experiences and successes with Boswellia Serrata. The complications associated with the more commonly used corticosteroids are well known to Neuroscience Nurses and an alternative which has minimal side effects was an exciting prospect.

The Australian and New Zealand Association of Neurologist (ANZAN) Prize for the best Neurology paper.

The prize was awarded to :-Simeon Dale, Australian Catholic University, NSW for her paper which provided the final results of the 'Quality in Acute Stroke Care' (QASC) Trial among the 29 NSW acute stroke units.

While all present would agree that the best outcome for our stroke patients results from the early intervention by a team of specialist stroke care nurses, allied health and physicians, to receive clear and definitive proof of the benefit was an important validation of current best practice.

<u>Poster Prize :</u> This was awarded to Danielle Wheelwright and Stephanie Gilmore, St Vincents Hospital, N.S.W. for the poster on 'Stimulation, How's your technique?'. This poster looked at the ways in which painful stimuli is delivered and questioning the varying levels of understanding, technique and evaluation of standard techniques of patient assessment.

Louie Blundell Prize – Inaugural winner.

The prize for the best 'Neuroscience nursing paper by a student' was awarded to Jessica Child, an enrolled nurse from Nepean Hospital, N.S.W currently undergoing her division one training. Jessica presented a comprehensive paper on 'Glioblastoma Multiforme' and demonstrated an impressive exploration of the topic and a clear understanding of the nursing requirements of caring for patients with GBM's.

Jenny Blundell was present to award the prize and Jessica was a worthy first recipient.

We were again privileged to have a number of invited papers presented at the meeting which included:-

Dr Alan Garner from Care Flight spoke on his long term study on pre hospital trauma care and the early provision of expert care by sending the clinicians into the field. Alan highlighted the challenges he faced in completing his research and obtaining sufficient numbers to validate outcome data.

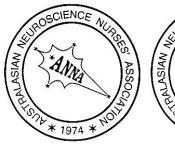
Dr Asim Mujic, Neurosurgeon from Royal Hobart Hospital, Tasmania, presenting 'his experiences of treating Hydrocephalus in his previous roles overseas and his current work in Tasmania.



Dr Reece Sher, Neurosurgical trainee, Royal Hobart Hospital, presented a fascinating case study of a paediatric patient who sustained severe head trauma with a poor prognosis and who, despite all the predictions, made a surprisingly good recovery. This tied in very well with previous discussions on decision making and the unpredictability of good outcomes in the setting of a severe injury.

<u>Vicki Evans (in her guise as Journal Editor</u>) presented a comprehensive outline of writing for publication and encouraged all present to think of future presentations and how they could, with some guidance and support, become publishable works.

Lyn Wallace





MEMBERSHIP MATTERS

Please notify ANNA promptly of change of address via the website

OVERDUE: as per your ANNA handbook, if renewal payments are not received within 3 months you are required to rejoin as a new member

All renewals are \$90 and new members \$100 per annum

All membership specific enquiries can now be directed to PAMS, the Professional Association Management Service

Celebrate australasian neuroscience

NURSES DAY

On 4 May, 1974, Tonnie Koenen organised the first meeting of Australasian neuroscience nurses in Canberra, during the Neurosurgical Society of Australasia's annual meeting. About 30 nurses from the ACT, NSW, TAS, VIC and WA met to formally establish the Australasian Neurosurgical Nurses' Association.

Since that time, Neuroscience nurses have continued to promote collaboration with other nurses and other health professionals in a committed effort to the professional development and education of nurses within the specialty of neuroscience. We celebrate this and the beginning of our Association on our Australasian Neuroscience Nurses Day, every 4th of May

Australasian Neuroscience Nurses Day is on 4th May 2013.

> Annual Australasian Neuroscience Nurses Day Competition

Submit a report describing how you celebrated Australasian Neuroscience Day and be in the running to win

\$100.00 for your ward/unit.

Submit reports to <u>secretary@anna.asn.au</u> by 31st May 2013, for your chance to win.The winner will be announced at the annual scientific conference in Sydney next year.



ANNA Annual Scientific Meeting Hobart, Tasmania 10th-12th October, 2012.





ANNA Annual Scientific Meeting Hobart, Tasmania 10th-12th October, 2012.







BARBARA LESTER SCHOLARSHIP FUND

HUrry..... Apply for the Barbara Lester Scholarship Fund.

Please forward all applications to ANNA Executive by the last working day of May 2013.

Aim

To provide opportunity for an ANNA member who is presenting a verbal paper or poster or who is facilitating a workshop/breakout session at an international, national or local conference to receive financial assistance.

Objectives

- To promote professional development in the field of Neuroscience.
- To maintain availability of a scholarship from ANNA on a yearly basis (that provides equal opportunity) for ANNA members presenting at conference.
- To assist with funding to attend the conference where the presentation will be delivered.

Eligibility Criteria

- Available to full financial members.
- A minimum of 24 months of continuous period of membership is required.
- Priority accorded to members working within an environment where neuroscience patients receive care/management.
- Nurses must have current registration in their state/territory/country.
- The conference presentation or workshop/breakout session must have relevance to the neuroscience specialty.

NB: All attempts to ensure fair distribution of the scholarship fund will occur.

Funding Available / Financial Policy

- Up to \$3000 available to fund a scholarship for one successful applicant.
- The ANNA Executive will convene for scholarship review annually in the month of June. Therefore a fully completed application must be received by the last working day in May.

*****Please visit the ANNA website for further information and scholarship application forms*****

www.anna.asn.com.au

ANNA is an Organizational Partner with the World Parkinson Coalition <u>www.worldpdcongress.org;</u>





NEUROSURGICAL NURSES LIVERPOOL HOSPITAL NSW HEALTH AWARD

The Neurosurgical Nurses at Liverpool Hospital in NSW recently were awarded a NSW Health Award for "The Stitch in Time" Project led by Kylie Wright, CNC. It was an honour to have this initiative celebrated and recognised. The project received the Building the Health Workforce award for professional development in neurosurgical nursing and was also nominated for the Director General's Innovation Award on the night. Kylie was also an invited speaker at the "The Power of Innovation" NSW Health Symposium which was held the same day as the awards ceremony.

This project was presented at the 2010 ANNA Annual Scientific Meeting in New Zealand and has also been published in the Australasian Journal of Neuroscience (AJoN).



Australasían Neuroscíence Nurses Association

The Louie Blundell Prize

Closing date: 5pm EST last Friday in May.

This prize is awarded for the <u>best neuroscience nursing</u> <u>paper by a student</u> submitted to the Australasian Neuroscience Nurses Association (ANNA) for inclusion in the *Australasian Journal of Neuroscience* by the designated date each year. The monetary value of the prize is \$500 AUD.

Candidates must be, or have been, students in a course as deemed appropriate by the ANNA Executive Committee during the preceding academic year and if they have completed their course must have graduated no more than six (6) months prior to submission of the paper. Types of papers that will be considered include case studies, reviews of literature, and research reports.

Each candidate for the prize must be the sole author of the paper and may only submit one paper for the Best Neuroscience Nursing Student Paper Prize.

Candidates should <u>not</u> have had a previous publication as a solo author.

ANNA reserves the right not to award the prize if no paper is of a satisfactory standard. The decision of the ANNA Executives is final. All candidates will be notified of the outcome in August.

A minimum of 3 judges will be appointed by ANNA to review the papers and report to the Executive Committee.

The award will be made based on the standard of scholarship of the paper. The qualities that the judges will be looking for are:

- Originality of the work
- The relevance and importance of the topic to current neuroscience nursing practice
- Evidence of reflection consistent with the level of the student
- Comprehensiveness, clarity and conciseness
- Conformity to the Guidelines for Authors, as specified in the Australasian Journal of Neuroscience

The author of the winning paper is required to submit the paper for publication in the *Australasian Journal of Neuroscience* and encouraged to present the paper at the

Annual Scientific Meeting. At the discretion of the Journal Editor, all applicants, whether selected for a prize or not, may still be encouraged to submit their paper for publication, oral or poster presentation at the Annual Scientific Meeting. The judging process will form part of the peer review process for publication and as such recommendations may be made to the author prior to publication.

Registration, accommodation and travel arrangements are at the individuals' expense. Application for scholarships from ANNA or other organisations is encouraged.

Electronic submission of the paper is to be made to <u>anna@pams.org.au</u>

Further information is available on the web site <u>www.anna.asn.au</u>

Louie Blundell, was born in England, and although she wanted to be a nurse she had to wait until after World War 11 to start her training as a mature student in her late twenties. Later she and her family moved to Western Australia in 1959. She worked for a General Practice surgery in Perth until a move to the Eastern Goldfields in 1963. Subsequently, she worked at Southern Cross Hospital and then Merriden Hospital. During this time she undertook post basic education to maintain her currency of knowledge and practice, especially in coronary care.

Louie was also active in the community. She joined the Country Women's Association and over the years held branch, division and state executive positions until shortly before her death in 2007. She was especially involved in supporting the welfare of students at secondary school, serving on a high school hostel board for some time. She felt strongly that education was important for women and was a strong supporter and advocate of the move of nursing education to the tertiary sector, of post graduate study in nursing and the development of nursing scholarship and research, strongly defending this view to others over the years.





WEBSITE REPORT

Maureen Winn and Sarah

Maureen Winn commenced in the role of Webmaster on 1_{st} July 2012 and has been liaising with the Website provider (Heidi Goode) to ensure that the webpage remains up-to-date.

Maureen has also liaised with Sarah Hughes who is expecting her third baby this month and is moving to Queensland. Sarah has checked that the pages with links are working and current.

Numerous changes have been made to the website (minor) and information has been uploaded and removed according to need and currency of information.

Maureen has met with Heidi Goode the website provider to learn the basics of changing information on the ANNA WebPages. The face-to-face tutorial involved demonstrations on how to make changes, such as minor word edits and uploading of documents. It was agreed that Maureen would commence making simple changes to the website as required, commencing in November 2012. Changes requiring greater expertise would require Heidi's input.

Renewal of the Service Contract will be due shortly and Heidi has sent through some offers which would include keeping current service time and adding to it for a three year term for a specific price.

Future Plans

Use of Social Media Explore use of Twitter as a professional communication tool

Liaise with company sponsors and engage using Face Book and Twitter

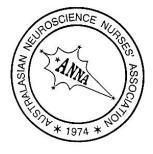
Liaise with Editor of Journal regarding tweets on Twitter and professional journal articles of interest to ANNA members

Develop the use of a conference hash tag (#ANNA 2013?) and explore the use of this during the conference.

Summarise and report on the statistics from the webpage: downloads, visits, usage

Receive feedback from members and report and act upon these, as agreed upon the ANNA Executive.

Kind regards, Maureen Winn



ANNA WISHES ALL MEMBERS A VERY MERRY CHRISTMAS AND NEW YEAR PERIOD





AUSTRALASIAN NEUROSCIENCE NURSES DAY REPORTS

St Vincent's Private Hospital, Sydney NSW Submitted by Nicole King

The 5th Floor at St Vincent's Private was a buzz on the 4th of May as nurses celebrated AustralasianNeuroscience Nurses Day in style. Party hats, streamers, balloons, smiley badges, quiz's and games all added to the atmosphere.

There were competitions galore. For those who participated there were only 745 lollies in the guess how many lollies in the lolly jar competition. The difficulty proved to be keeping the nurses from eating the lollies. All staff including the medical staff and allied health staff joined in the festivities. Each was given 3 brains (pictures). The biggest challenge was a competition. The task was not to say the word "brain" all day. If the person was caught saying the word brain they had to hand over their brain to the witnessing person. Winner was the person at the end of the day with the most brains. It made hand over quite interesting and the daily task of CT "brain' oops.. I mean CT "head" more exciting.

The highlight of the day was "Pin the brain on the Neurosurgeon." Wrapped up in turban head dressings and blind folded we all took our turn in pinning the brain on a picture of Associate Professor Michael Murphy.

The day concluded with a highly non weight watchers friendly afternoon tea.









Neurosciences Ward, Prince of Wales Hospital

The Neurosciences Unit and the Acute Stroke Unit at Prince of Wales Hospital celebrated Neuroscience Nurses day with a combined afternoon tea. We promoted and celebrated Neuroscience Nursing by having interesting facts on the Nervous System as well as a multiple choice quiz with prizes (see attachments). It was a great chance to get together and celebrate our combined passion for Neuroscience Nursing and strengthen our bonds as the Neuroscience Nurses in Prince of Wales Hospital.

We themed the day with blue and white balloons around the ward entrance and had models of the brain, skull, and spine on the table for all to view. The nursing staff and students as well as some members of the allied health team shared afternoon tea and celebrated the day.

Below are some photos taken during the afternoon.

"HAPPY NEUROSCIENCE NURSES DAY"

From the Neuroscience Nurses at Prince of Wales Hospital.



ANNA- NSW Branch Report

We encourage our membership to contact us by email to share your thoughts and also if you would like to have a joint ANNA symposium at your institution. I think we all would agree that with the introduction of continuous professional development required to maintain our registration we want access to education that is relevant to our working environment.

We are delighted to announce two John Sheard Travel Award winners this year. As there were no applicants last year we were able to provide two scholarships this year. Both Vicki Evans and Caleb Ferguson were the recipients this year. They are undeniably committed ANNA members and wonderful role models in neuroscience nursing. Congratulations to both!

Applications are considered for travel, registration and accommodation expenses associated with attending a professional development activity including a conference, seminar, workshop or short course (excluding formal/higher education course fees) relevant to neuroscience nursing. The closing date was 31 August. There are two awards of \$500 or one award of \$1000 available each year. As there were no applicants last year the executive decided to award \$2000 this year. The successful applicants were Caleb Ferguson and Vicki Evans who used the scholarship to attend the ANNA National Conference this year.

Our second education session for the year was held in conjunction with the ANNA NSW AGM: Information on Organ and Tissue Donation presented by Jane Treloggen and Pierre Georges from The NSW Eye and Tissue Bank.

Our final education session for 2012 will be held in November. We continue to trial different ways of attracting our members to these sessions. We welcome any suggestions from our members.

Jeanne Barr, ANNA NSW State Delegate

Next ANNA NSW Education Session to be held at the new Royal North Shore Hospital on Wednesday, 28 November at 2:45pm.

We will update on the ANNA Conference including learning about Twitter and how it can keep you up to date in neuroscience nursing plus the ANNA members from Royal North Shore would love to show you around their new hospital. Hope to see you then!

ANNA- VIC Branch Report

The Victorian AGM, held in June, at Melbourne Private Hospital; preceded by Mark Marriot giving an update on treatment of MS. The August meeting was held at Monash Medical Centre at which Gabrielle O'Connor gave an eloquent presentation on the latest trends/treatments in neuro-oncology. The planned December meeting will be held at the Alfred Hospital. This will be a forward planning meeting followed by a Christmas function.

The membership drive in the middle of the year was successful with the membership increasing by about 20. This endeavour was augmented by the attendance of Lyn Wallace and Christine Holland at the final day of the Royal Melbourne Hospital Neuroscience short course, at which they spoke on the relevance and benefits of ANNA membership.

Several neuroscience units hosted lunches and afternoon teas to celebrate National Neuroscience Nurses day. Stickers and enrolment forms were distributed to all metropolitan units.

The branch also funded Lyn Wallace's registration fee to attend the NSA conference held early October on the Gold Coast.

The Branch finances are robust and we look forward to being able to encourage members to attend future national and international conferences.

Mary Lomas (State Delegate)



ANNA- ACT Branch Report

ANNA ACT has had a very rewarding year with a doubling of our membership base, mostly from the Neurosurgical Ward at the Canberra Hospital. This must be seen as a clear testament to our professionalism and how seriously we are approaching our specialty here.

We have had 3 educational meetings during the year. At the first one, State Delegate Steenus von Steensen presented highlights from the Scientific Meeting in Perth 2011. At the next one our senior Registrar Sasha Rogers gave an entertaining presentation about Coiling versus Clipping of Cerebral Aneurisms, and RN Radhika Mahadevan gave an introduction to our latest quality improvement project which was to see the introduction of a totally revised and extended observation chart for spinal injury/surgery. Radhika has been the main instigator of this project which is now fully up and running and she informs us that National ANNA Secretary Kylie Wright was very helpful in the initial research period. The third meeting again saw Sasha Rogers present. This time about Brain Tumours explaining about the most common ones with fascinating scans and histology slides. We also had our General Meeting where last years office bearers were re-elected:

Steenus von Steensen as Branch Delegate

Tania Lawrence as Secretary

Jill Hughes as Treasurer

We have decided to continue our quarterly educational meetings on the first Wednesday of December, March, June and September.

Steenus von Steensen State Delegate ACT Branch

ANNA- WA Branch Report

Professional Activities:

May 4, 2012 – Acoustic Neuromas by Dr John Kelleher at Sir Charles Gairdner Hospital

May 4th, 2012 - Neuroscience Nurses Day Celebration at Sir Charles Gairdner Hospital

July 27, 2012 – Moves & Grooves with Functional Neurosurgery, Australian Neuromuscular Research Institute

Celebration of Neuroscience Nurses Day: sponsored by Codman

July 2012 Seminar: sponsored by Medtronic, UCB, Genzyme and Codman

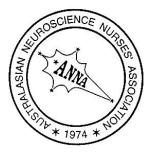
AGM: The AGM was held on 22nd August 2012 with a quorum of 3. A new WA State Branch committee team was formed with the following elected members:

State Delegate: Kate Snedker

Secretary: Christine Carroll

Treasurer: Harriet Chan







Education Session -What the heck is Twitter? The Potential Uses of Social Media in Neuroscience Clinical Care

Presented by

Caleb Ferguson: PhD candidate UTS Plus Update from ANNA National Conference held in Hobart in October for those who couldn't make it. All Nurses and Allied Health with an interest in Neurosciences welcome to attend. Refreshments will be served.

Parking: Hospital Multi storey car park \$5.00/hr Or surrounding streets, metered parking. Also easily accessible by public transport: train-St Leonards stop or bus -144, 143 For catering purposes please RSVP by: Monday 26th November 2012 email: jbarr@nsccahs.health.nsw.gov.au to indicate your intention to attend.

> Wednesday 28 November 2012 1445 – 1530. Venue: The New RNSH Acute Services Building! Level 7 Meeting Rooms 7C/B

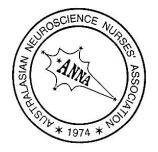




ANNA CONTACTS

ANNA Contacts

For all enquiries in the first instance contact PAMS						
AN	PO Box 193 Surrey NNA Phone: 03 9895 446				ill: <u>anna@pams.org.au</u> 03 9898 0249	
For specific executive enquiries please contact the relevant committee member						
Pr	President			ryn Byers	president@anna.asn.au	
Vice President			Katrina Mastello		vicepresident@anna.asn.au	
Treasurer			Angela Evans		treasurer@anna.asn.au	
Secretary			Kylie Wright		secretary@anna.asn.au	
Webmaster			Maureen Winn		webmaster@anna.asn.au	
Conference Convenor			Linda Nichols		conferenceconvenor@anna.asn.au	
Journal Editor			Vicki Evans		editor@anna.asn.au	
	Branch Delegates					
	Calling all Tasmanian and South Australian members, we urgently need new Branch delegates to represent you; all positions are currently vacant, president, secretary and treasurer. Please contact ANNA executive					
	Jea	anne Barr - NS	W	nswdelegate@anna.asn.au		
	Stee	nus von Steens ACT	sen -	actdelegate@anna.asn.au		
	Mary Lomas - VIC Joan Crystal - QLD			vicdelegate@anna.asn.au		
				qlddelegate@anna.asn.au		
	Kate Snedker - WA			wadelegate@anna.asn.au		
	Michelle Knox - NZ			nzdelegate@anna.asn.au		







Integration

Knowledge and Skill, **Clinical Practice and Education**

Date: September 13-16, 2013 Venue : Nagaragawa Convention Center, Gifu, Japan

The 11th Quadrennial Congress of The World Federation of Neuroscience Nurses

WFNN Congress

THID

013

Secretariat

Japanese Association of Neuroscience Nurses President: Mitsue Ishiyama Chubu Medical Center for Prolonged Traumatic Brain Dysfunction, Department of Neurosurgery Kizawa Memorial Hospital, Head of Nursing Department 680 Shimo-kobi, Kobi-cho, Minokamo City, Gifu 505-0034, Japan E-mail: info@jann-1973.jp





