



brainstem

www.anna.asn.au

Australasian Neuroscience Nurses Association

PRESIDENT'S MESSAGE

Dear members,

The statement that time flies is so true whether it is regarding how soon the 2014 ANNA conference will be held or how quickly ANNA has turned 40. The ANNA Conference Yesterday, Today and Tomorrow commences with Welcome Cocktails at 1700 hrs on Wednesday May 7th at Hotel Realm, Canberra. Join us to celebrate the start of another conference and meet or reacquaint 'foyer friends' previously met. For those who aren't familiar with that phrase it refers to those friends you may only ever meet at an international conference but who share a significant amount of goals and values due to their professional field of practice.

In preparation for the 40th anniversary meeting I have been reviewing what life must have been like in 1974 for the small group who met and formed the Australasian Neuroscience Nurses Association. From the very simple comparison of the price of milk which was 30 cents in 1974 to looking at how the average weekly wage was calculated. In 1974 the average weekly wage was expressed purely as the average male wage with no figures for female wages available from the Australian Bureau of Statistics website. Can you imagine the vision for the future held by these women when even the wage they earned was not recognised at a national government level. Indeed a Town Clerk explained that 'women could not stand for local council election as otherwise Randwick Council could not meet on Mondays as that was when women did the washing'!

Eastern Suburbs wins the NSW Rugby League Premiership and Richmond wins the 78th VFL Premiership (Richmond 18.20 (128) d North Melbourne 13.9 (87)). National competition in these two sports were not envisaged. 'Blue Poles' that you can visit in the National gallery was purchased and Countdown was launched with Molly Meldrum! Quite an exciting year. Over the next 40 years there have been significant changes from a social and healthcare perspective.

In this edition of brainstem you will see that South Australia has a new delegate and read the report from Linda Nichols who very ably represented ANNA in Indonesia. ANNA is also looking for a Secretary for the national executive. Consider nominating for this role, you will gain experience at a national level while being supported by the executive committee. The Executive has been focussed on preparation for the conference however please remember if you are unable to join us at the conference that National Neuroscience Nurses Day is the 4th May. Take time to recognize the vision of the founding members, the important work you do and celebrate.

Hope to catch up in Canberra.

Regards

Sharryn

ANNA President





noticeboard

Australasian Neuroscience Nurses Association

*yesterday, today, tomorrow...
forty years on*

THE EVOLUTION OF **NEUROSCIENCE NURSING**

Wednesday 7th – Friday 9th May 2014

40 Year Anniversary
1974 – 2014



Hotel Realm 18 National Circuit, Barton ACT 2600





Expressions of Interest for- ANNA Executive Secretary

The Secretary shall manage the administrative objectives of the Association.

Responsibilities:

Carry out the responsibilities of a member of the Executive Committee.

Ensure all correspondence related to the Association is dealt with promptly;

Ensure accurate records of membership are maintained and are available for inspection and member details are kept in a safe location;

Prepare and present membership reports for Executive Committee meetings and Branch Delegates as required;

Together with the President, prepare agendas for Executive Committee meetings;

Maintain minutes of Executive Committee meetings;

Maintain records of all correspondence pertaining to the Association;

Disseminate minutes of the Executive Committee meetings to members of the Executive Committee and Branch Delegates;

Produce and publish Brainstem;

Circulate relevant documents and receive feedback on any matters concerning the Association;

Participate with the Executive Committee in the development of strategic direction for the Association;

Assist the Conference Convenor in the administrative proceedings for the Annual Scientific Meeting.

The Australasian Journal of Neuroscience needs YOU!



It's good for the profession, it's good for you!

The AJoN will be published twice yearly – May & October.

**Deadline for submission of articles: 1 March for publication in May
&**

1 August for publication in October.

Help is available to assist you if needed.

More information available on the ANNA website www.anna.asn.au

**Email to the Editor - Vicki Evans –
editor@anna.asn.au**

See you in PRINT!



noticeboard

Australasian Neuroscience Nurses Association



ACI NSW Agency
for Clinical
Innovation



NNPDSC
Neurosurgical Nursing Professional
Development Scholarship Committee

Save the Date



**Neurosurgical Nursing
Professional Development
Scholarship Committee
NNPDSC**

**11TH Annual Conference
Vibe Hotel
North Sydney
Friday 27th June 2014**

**Program and registration details
available in March**



noticeboard

Australasian Neuroscience Nurses Association

ANNA is an Organizational Partner with the World Parkinson Coalition

www.worldpdcongress.org;

www.anna.asn.com.au



MEMBERSHIP MATTERS

Please notify ANNA promptly of change of address via the website

OVERDUE: as per your ANNA handbook, if renewal payments are not received within 3 months you are required to rejoin as a new member

All renewals are \$90 and new members \$100 per annum

All membership specific enquiries can now be directed to PAMS, the Professional Association Management Service



Celebrate

AUSTRALASIAN NEUROSCIENCE

NURSES DAY

On 4 May, 1974, Tonnie Koenen organised the first meeting of Australasian neuroscience nurses in Canberra, during the Neurosurgical Society of Australasia's annual meeting. About 30 nurses from the ACT, NSW, TAS, VIC and WA met to formally establish the Australasian Neurosurgical Nurses' Association.

Since that time, Neuroscience nurses have continued to promote collaboration with other nurses and other health professionals in a committed effort to the professional development and education of nurses within the specialty of neuroscience. We celebrate this and the beginning of our Association on our Australasian Neuroscience Nurses Day, every 4th May

Australasian Neuroscience Nurses Day is on 4th May 2014.

Annual Australasian Neuroscience Nurses Day Competition

Submit a report describing how you celebrated Australasian Neuroscience Day and be in the running to win

\$100.00 for your ward/unit.

Submit reports to secretary@anna.asn.au by 30th June 2014, for your chance to win.



LINDA NICHOLS
ANNA CONFERENCE CONVENOR
Recently represented the Australasian Neuroscience Nurses Association in Indonesia.

Indonesian Visit Summary

During my time in Indonesia I had the privilege of spending two days at the Universitas Indonesia. Universitas Indonesia is the oldest government run University in Indonesia, with over 30 000 students attending across 12 Faculties. Initially offering a Nursing Science Program Study (PSIK) the University established the Faculty of Nursing in 1995 and in 2004 the Faculty expanded into six departments (basic nursing, medical surgery nursing, maternity nursing, mental nursing and community nursing). The first Masters Program (nursing leadership and management) was offered in 2009. Since then the program has continued to grow offering further specialised programs (maternal and community nursing, medical surgery nursing and mental nursing). Current International cooperations include the Faculty of Medicine who offer an International undergraduate program in cooperation with the University of Melbourne, Monash University and the University of Newcastle. The Faculty of Public Health offers a health management Masters Study program in cooperation with Griffith University, with a joint PhD program in biomedical science also offered in association with Newcastle University. The University also encourages both undergraduate and Faculty staff to participate in research exchange programs. The first day was spent teaching postgraduate, Masters and PhD students. I provided a one day seminar covering some of the key neuroscience nursing topics including stroke, haemorrhages and haematomas, subarachnoid haemorrhages and the care needs of patients diagnosed with a brain tumour. It was incredible to meet with staff and students and the feedback and discussions following my presentations were informative for both myself and the students, as we compared and contrasted the Indonesian and the Australian health care systems. This visit also included

time to meet with the staff, including Dr Agung Waluyo and Professor Elly.

The second facility that I had the pleasure of visiting was STIKES PPNI Mojokerto. This nursing school was in Mojokerto (around 2 hours drive from Surabaya East Java) and offered a nursing program that included Diploma or D3 qualifications as well as S1 or Keperawata qualifications. This visit was organised by the Association of Indonesian Nurse Education Center (AINEC) and included a presentation on 'Trends and Issues in Neuroscience Nursing Australian Context'. The presentation was to over 200 staff, students and government officials as was followed by a sharing discussion with the school staff. It was during this meeting that current difficulties facing nursing in both Australia and Indonesia were shared.

The second part of my week was attending the 1st Scientific Meeting Update in Neurology, where the theme was focused on Neurology Update in Asia. The meeting was to celebrate the opening of the New National Brain Centre in Jakarta and included a symposium and workshops as well as the Gala dinner with the experts and cultural night. During the meeting I delivered four presentations. The first was at the Stroke Management Update for Nurse Workshop where I delivered a plenary presentation on 'Nursing Interventions Related to Cerebral Perfusion Pressure'. The second day of the meeting was held at the new National Brain Centre in Jakarta where I presented as a representative of the Australasian Neuroscience Nurses Association. Following this I presented my third seminar to the nursing staff at a workshop on the topic of 'Locked in Syndrome' as well as participating in some hands on teaching and clinical education on external ventricular drains. On the third day of the meeting I presented my keynote presentation at the symposium my presentation was titled 'Trends and Issues in Neuroscience Nursing'.

The day visiting and teaching at the National Brain Centre in Jakarta was a highlight. The hospital will serve as the major referral centre for neuroscience patients in Jakarta. It is estimated that one in seven deaths in Indonesia is related to a cerebrovascular event and the development of a National Brain Centre

has been a first for the country. Unlike Australia where the risk of stroke increases with age, with older individuals more likely to experience a stroke, in Indonesia individuals presenting following ischaemic stroke events are becoming increasingly younger. This is placing an increasing burden on rehabilitative services. Previously neurosurgical and neurological patients were catered for in isolated wards across a number of hospitals and facilities in Jakarta, this has been an incredible project to develop a central hospital that caters for neuroscience patients. The hospital consists of 12 floors including a VIP ward that caters for presidents, royal family members, diplomats and dignitaries. The hospital capacity is 390 to 445 beds of which over 200 are allocated to class 3 patients. The hospital also offers a number of inpatient services and medical imaging services. As well as catering for patients following a stroke or cerebrovascular event the hospital will also cater for individuals experiencing a range of neurological disorders including epilepsy, dementia, central nervous system infections and brain tumours as well as individuals following traumatic brain injuries and spinal injuries. The hospital will specifically cater for neurosurgical, neurological and stroke patients as well as providing both neuro-intensive care and neuro-high dependency services. The hospital hopes to take a leading role in neuroscience research in Indonesia integrating both basic and clinical neuroscience research into the hospital system including stem cell research. During my visit to the hospital I had the pleasure of witnessing the inaugural meeting of the 1st International Neuroscience Nursing Update; during this meeting I addressed the committee members and delegates as a representative of the Australasian Neuroscience Association, outlining the history and growth of our association.





INTRODUCING STEPHEN YU – SOUTH AUSTRALIAN STATE DELEGATE

My name is Stephen Yu. I am a registered nurse working at the Lyell McEwin Hospital, a teaching public hospital in Adelaide, South Australia. I practice in a 24 beds neurology and stroke ward. This is an all-single room facility newly developed and built by the SA Health since July 2013. My previous nursing experience includes geriatric nursing and general medicine. Prior to nursing, I worked in the financial market for nearly a decade. I am currently working towards a Master of Nursing Science in Acute Care Nursing with an interest in neurology at the University of Adelaide. I am married and my wife is also a nurse. We have a 4-month old daughter who is unsurprisingly taking up more time than my studies and work.



ANNA CONTACTS

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